MyChart is a secure, online tool that lets you connect with your MaineHealth provider and see your health information online. It is free and easy to use, and you have access 24 hours a day from your computer, tablet, iPhone or Android.

To Sign up for MyChart, follow these steps:

1. Go to the MaineHealth MyChart webpage: www.MainHealth.org/MyChart
   Click the blue “Sign Up Now” button.

2. Click the Request Online button. Do not fill in the fields on the page, just click the button. This allows you to self-activate your account.

3. On this page, enter in as much information as you can, the more the better. This helps with the next steps when you certify your information. Required fields are marked with *
4. At the bottom on the screen, you will see a CAPTCHA box. Place a check mark in the “I’m not a robot box” in order to continue.

5. You will be asked to verify items in a picture, as seen below. Click on the boxes that contain ANY PART of the item the question is asking.
6. Next you will be asked to answer some questions to confirm your identity and to make sure your account is secure. These questions are created through Experian, a third party program used to help with this self-sign-up process. The questions asked will change and will not be the same for everyone. Some examples of what you may be asked about are:

- Your age
- A current or previous employer
- An old phone number

There is always an option to choose: None of the above.

7. Once you have finished answering the questions correctly, you will be asked to choose a user name and password. You will use these to log into your MyChart account. Be sure to write down your username and password and keep it somewhere safe.

8. The last step is to review and accept the Terms and Conditions. You will need to click the green “accept” button. You will then be logged into your account.

If you need help, please call the MyChart Help Desk: 855-255-2300